

NEWSLETTER

WWW.SONGSFORCARE.EU



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ABOUT THE PROJECT

E.L.So.M.C.I. is an Erasmus+ project which aims at teaching English to people with mild cognitive impairment (M.C.I.) using songs as a main tool.

People suffering from M.C.I. need to improve their cognitive abilities in order to avoid the deterioration of their condition. Learning a foreign language is a good way for cognitive enhancement. However, since these people have memory deficits and lack of attention abilities, conventional teaching methods cannot be used. The use of songs in foreign language lessons is proved to be a very good technique for more effective acquisition of the language while also improving well-being and relaxation.

the use of songs.
3. Reduce stress and increase positive emotions.
4. Improve participants' socialization, as well as, develop the sense of belonging to a group.
5. Prevent from Alzheimer's disease.
6. Familiarise learners with English language using phrases related to communication and verbal expression.
7. Improve learners' vocabulary, grammar, syntax and other aspects of English language through a pleasant learning process.

A PROJECT FOR PEOPLE WITH MCI AIMING TO:

1. Improve patients' cognitive functions.
2. Support the teaching process through

PARTNERSHIP

Alzheimer Hellas (Greece)
www.alzheimer-hellas.gr

Anziani e non solo (Italy)
www.anzianienonsolo.it

Asociación Familiares
Alzheimer Valencia (Spain)
<https://www.afav.org>

Spominčica (Slovenia)
<http://www.spomincica.si>

Klinika za psihijatriju Vrapce (Croatia)
<http://bolnica-vrapce.hr>

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WEBSITES AND COMMUNICATIONS

The Erasmus + funded "E.L.SO.M.C.I" project has launched its new website <https://www.songsforcare.eu>

The website will deliver the aims of a trans- national project designed to promote an educational curriculum based on innovative teaching approaches.

Project leaflets are available here <https://www.songsforcare.eu/the-project/> in English, Croatian, Spanish, Greek, Italian, Slovenian

KICK OFF MEETING ONLINE

The 1st partnership meeting was held on line, due to Coronavirus emergent condition, on the 25th November 2020.

The meeting was the opportunity for project partners to get to know each other, presenting their own organisations.

Also, project partners had the chance to learn more about the project: background and needs, problem targeted, innovative approach, project outcomes and distribution of the activities.

During the meeting, involved partners discussed the upcoming tasks and agreed upon the next steps to be taken according to what has been established in the workplan of the project.

IO1 AND IO3- OVERVIEW AND NEW STEPS

In this moment, the project has entered its first operational phase, that has the objective of producing:

- A Workshops' Methodological guide (IO 1.1)
- Several Workshops for English learning, addressed to people with mild cognitive impairment (MMSE between 28 and 24) (IO 1.2)
- Co-Created Methodological Guide and Training for trainers via MOOC (IO3)

The 1.1 methodological guide is a document provides trainers with guidelines for teaching languages that focuses on communication in English (for the learners) and preparation of the lesson plan for each lesson. The Methodological Guide will include two kinds of materials, one for the participants-students and one for the professionals (trainers).

Regarding workshop(s), we will probably create 2 groups ("A" and "B") using as a criterion the level of previous knowledge of English ("A": without knowledge and "B": with knowledge). Group "A" will start learning from the alphabet.

